

NEW HORIZONS SAMPLE WEEKLY ACTIVITIES

Recurring Activities:

- Monthly Birthday Party with Live Music
- Daily Coffee/Tea Service
- Monthly Resident Meeting
- Trips to the Theater
- Out to Lunch
- Book Club
- Musical Performances
- Caring Canines Pet Visits
- Presentations: Cultural, Informational, and Wellness



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30 TV Mass	<i>Sandy the Barber</i>	<i>Joe's Hair Salon</i>	<i>Joe's Hair Salon</i>	9:00 Exercise	9:00 Yoga	9:00 Exercise
9:00 Religious Services	9:00 Exercise	9:00 Exercise	9:00 Exercise	9:30 TV Mass	10:00 Bowling	9:45 Coffee & Conversation
9:30 Church Bus	9:45 Shopping	9:00 On-Site Banking	9:45 Bus to Mall	9:45 Shopping	10:15 Sing a-long	10:30 Wii Bowling
1:30 Out for a Ride	9:45 UNO/Dominos	9:45 Shopping	9:45 Coffee & Conversation	10:00 Travelogue	11:00 Spelling Bee	1:15 Bingo
2:00 Movie	10:00 Rosary	9:45 Blackjack	10:30 Games	10:00 Line Dancing	12:00 Word Games	1:30 Out for a Ride
3:00 Social Hour	11:00 Trivia	11:00 Quiddler	11:30 Out to Lunch	11:00 SCAT	1:15 Bingo	2:00 Movie
6:30 Movie	12:15 Jeopardy	11:00 Nail Salon	1:15 Pokeno	11:00 Internet/Email	1:15 Out for a Ride	3:00 Social Hour
	1:30 Pokeno	12:15 Hangman	2:30 Live Music	12:15 Trivia	2:30 Conversation	6:30 Movie
	1:30 Wii Bowling	1:15 Bingo	3:30 Christian Worship	1:15 Bingo	3:30 Rosary	
	1:45 Bingo	2:30 Bocce		2:30 Texas Hold'em	6:30 Movie	
	3:00 Scrabble	3:00 Crosswords		7:00 Artist Guild Meeting or Demo		
	3:00 Enjoyment of the arts	6:30 Needlework				
	6:30 Bingo					