



Independent and Assisted Living in Woburn, MA



New Residents

Michael Fitzgerald, Suite 386, joins us (and his sister, fellow New Horizons resident **Ellen Rowe**) from Crescent Park Condominiums here in Woburn. An Arlington native, Michael took on a few odd jobs after high school before embarking on a 42-year career with New England Telephone Company. His varied experience included office work as well as roles serving local colleges and other businesses, such as Arthur D. Little.



Michael's favorite form of travel is via cruise ship, which he has taken to explore numerous European and Caribbean destinations. Back in the day, this avid Bruins fan was at the Boston Garden when Bobby Orr and the team won the Stanley Cup. When relaxing, Michael enjoys music, especially easy listening.



Ann Lehan, Suite 475, is originally from Milton. She joins us now from her condominium in Sun City Center, Florida.

Following her graduation from Milton High School, Ann worked at a stock brokerage firm while earning a certificate in accounting from Bentley. This industrious mother of four and grandmother to seven enjoyed a diverse range of careers, including roles selling real estate and as an international tour guide on riverboats throughout Europe. She discovered one of her favorite jobs, and places to live, while working as a taxi driver on the beautiful island of Nantucket. These days, Ann especially enjoys reading a good novel, playing bridge, and visiting museums.

Jean Roderick, Suite 449, was born and raised in Cambridge alongside seven siblings. She attended Cambridge Rindge and Latin High and, upon graduation, worked for New England Telephone Company (just like fellow new resident **Michael Fitzgerald**). Jean spent a decade with the company working as a telephone operator. Once married, she and her husband made their home in Medford, where they raised their children.



Jean has enjoyed a winter getaway to Palm Bay, Florida for the past 25 years. This Red Hat Society member has many interests, such as playing cards, sewing, knitting, and taking walks.

Resident Photo Album

Resident **Betty Hardy** enjoyed a visit from her granddaughter, **Meaghan**, and her adorable great-grandchildren, baby **Claire** and **Connor**. Also visiting (but not pictured) was Betty's grandson-in-law, **Michael**.



What a nice birthday gift for resident **Janet Sethares**—a visit from her grandchildren, along with balloons, treats, and hugs. Pictured (left to right) are **Janet**, great-grandchildren **Cameron** and **Madeline**, granddaughter **Mal**, and great-granddaughter **Charlotte**.



The **Sounds of Grace** is a nonprofit organization that was founded in 2012 to provide live music in healthcare and hospice residences and special needs classrooms. For many years, its members have shared their talents at New Horizons (as pictured above) through an evening performance of spiritual and secular music.



The **John F. Kennedy Presidential Library and Museum** is dedicated to the memory of our nation's 35th president and to all those who seek to leverage politics to create a better world. Residents enjoyed the amazing exhibits, collections, and history during their visit to this premier Boston museum. Pictured (left to right) are **Sally Cavanaugh, Pam Amidon, Pauline Foley, JFK docent, Kathy Heller, Eileen Shireman, Helen Carter, and Mike Sheridan.**

Important Information

SPRING FORWARD: Daylight Saving Time begins at **2:00 AM** on **Sunday, March 9**—a sure sign that spring is around the corner. Please remember to set your clocks forward one hour before bedtime on Saturday, March 8.

TAX INFORMATION: Massachusetts allows a deduction on personal income taxes for individuals who pay rent. A maximum \$4,000 annual rent deduction is allowed (or \$2,000 if married, filing separately).

- For Massachusetts tax tips, visit www.mass.gov/doc/dor-tax-tips-for-seniors-and-retirees/download.
- For IRS Publication 502, Medical and Dental Expenses, visit www.irs.gov/pub/irs-pdf/p502.pdf.

It is likely that many residents will qualify for a rent deduction in Massachusetts and for medical deductions when receiving assisted living services. New Horizons recommends that residents discuss all tax matters with their accountant or lawyer to determine appropriate deductions.

IN MEMORIAM: We are deeply saddened by the passing of three beloved residents, **Virginia DeRosa, Mike Mullarkey, and Bill Staples**. All of us at New Horizons send heartfelt condolences to their families and fellow residents.



Find yourself, your family, and your friends in our posts. Come see what fun we have at [New Horizons at Choate!](#)

New Horizons at Choate | 21 Warren Ave | Woburn, MA 01801 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!