

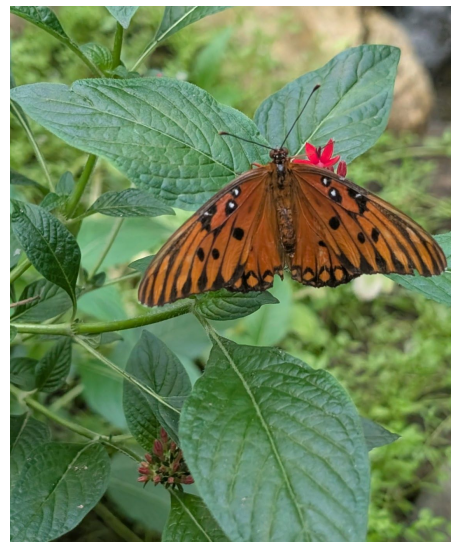


RESIDENT PHOTO ALBUM

Out and About

A full bus of residents recently ventured to the beautiful *Butterfly Place* in Westford. This remarkable location houses butterflies and tropical species from all over the world. We witnessed butterflies flying freely in their natural habitat along with koi fish and quail birds living among them.

Pictured below (clockwise) are **Toula Wouralis**, staff member **Charlie Lombard**, **Cindy Lou Benson** with **Phyllis Marques**, and **Christine Parker**.





Residents Prepare for Cold & Flu Season

“COVID numbers may have decreased, but the risks are still very real,” says **Ulysses Wu, MD**, chief epidemiologist at Hartford HealthCare. “The lesson from the pandemic is clear. If you have the chance to prevent illness – maybe even to save someone else’s life – just take it.”



At our recent flu vaccine clinic *and* COVID booster clinic, residents and staff chose to be vaccinated. Pictured above (l to r) are: **Kathy Heller** and **Louise Sorabella** receiving their vaccine along with several more residents in the queue (first row) **Carole Mills, Victor Skowronski, Julia Low** (back row) **Ellen Rowe, Terry Ciarcia, and Nancy Malatesta.**

Jim Barrinuea Entertains Residents



“MUSIC IS A UNIVERSAL LANGUAGE.”
- HENRY WADSWORTH LONGFELLOW

Residents joyfully sang along to the popular tunes performed by entertainer **Jim Barrinuea** (pictured left.) Below are photos of the many residents who gathered for and enjoyed this fun event.



Dates to Remember

November 2 - Daylight Saving Time ends

November 4 - Election Day

November 11 - Veterans Day

November 13 - Veterans Recognition Program

November 27 - Thanksgiving Day*

****A note about Thanksgiving dinner***

Our chefs are planning a delicious Thanksgiving dinner menu with turkey and all the trimmings. To allow food service staff the opportunity to spend a portion of the holiday with their families, the day's evening supper will consist of Gourmet-to-Go parcels containing some extra-special goodies. Families, please let us know if a resident will be out of house joining you for this holiday meal so we may plan attendance accordingly. Residents staying home may invite up to two guests.



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