



*Independent and Assisted Living in Woburn, MA*



## New Residents



Although **Mary Ann Bourque, Suite 432**, was raised in Watertown, she has always maintained strong ties to her birthplace of Gloucester and visits often. After graduating from Watertown High, she was offered a secretarial position at the former Watertown Arsenal. Later, when she started a family, she stayed at home to raise her five children.

When her children were older, Mary Ann enrolled at Middlesex Community College and received her degree at the age of 50. She went on to serve as a Pastoral Assistant at Congregational churches in the greater Waltham

area.

With a keen interest in travel, Mary Ann has been to 12 European countries, with Ireland and Italy among her favorite destinations. Back in the day, she and her husband found great joy dancing at the French Club in Waltham, among other locations. These days, Mary Ann can be found curled up with a good non-fiction book.

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**Ann Skladany, Suite 287**, grew up in Brighton and is a graduate of Saint Columkille High School. She earned a degree in Elementary Education from Boston University and taught in Newton for the next several years.

Ann has always had a desire to see the world, which led her to partner with the Department of Defense to take her teaching career abroad. She was first stationed in Libya and later Japan, where she taught the children of government workers. It was in Japan--a place she loved--that she met her husband. The two eventually settled in Stoneham.

Ann continued her education, receiving a Masters in Library Media from Boston University. When her son, Evan, was preparing for high school, her continued quest to see the world led the family to move to Thailand. Ann

retired in 2001 and, these days, her greatest interests are exercise classes featuring aging backwards and yoga. She also finds joy in getting to know new people.



## Visit from Archbishop Henning



On Thursday, February 5, residents enjoyed a memorable visit from **Archbishop Richard G. Henning**, who celebrated Mass and spent time with residents and guests. The visit marked his first to New Horizons, drawing a standing-room-only crowd (pictured below). Last October, he celebrated Mass in the chapel at our sister community in Marlborough. Following the service, in his down-to-earth and affable manner,

Archbishop Henning spent more than an hour greeting residents, congregants, and guests.

Pictured below, resident **Bill Surette** (left) is shown with Archbishop Henning following the service, while resident **Eileen Shireman** (right) chats with him in a more casual setting in the front living room.





## Resident Photo Album



### Residents & Guests Smile for the Camera

Resident **Mary Ann Bourque** (above left) with her daughter, **Lisa**, and her adorable grandson, **Timothy**.



Resident **Lois Bellini** (above right) was captured enjoying a visit with her equally adorable great-grandson, **Maxwell**, and granddaughter, **Jessica**.



Another inter-generational visit: resident **Sally Cavanaugh** is pictured above with (l to r) grandson-in-law **Nick**, great-granddaughter **Marceline**, daughter **Suzanne**, great-grandson **Bennett**, and granddaughter **Ashleigh**.



**Lets celebrate!** Seated at the head of the table (above), resident **Phyllis Marques** enjoyed a pizza party surrounded by her loving family in honor of

her recent birthday.



**Thank you, Duncan!** Did you know that February 4, was *Thank a Mail Carrier Day*? To celebrate, residents created an enormous poster with personal messages to our letter carrier, **Duncan Morris**.

Duncan, who performs his job with efficiency and kindness each day, was all smiles reading the messages like:

- *Thank you for your service in all kinds of weather!*
- *We can always count on you!*
- *You Rock! We need you!*

## Important Information

**SPRING FORWARD:** Daylight Saving Time begins at **2:00 AM** on **Sunday, March 8**—a sure sign that spring is around the corner. Please remember to set your clocks forward one hour before bedtime on Saturday, March 7.

**TAX INFORMATION:** Massachusetts allows a deduction on personal income taxes for individuals who pay rent. A maximum \$4,000 annual rent deduction is allowed (or \$2,000 if married, filing separately).

- For Massachusetts tax tips, visit [www.mass.gov/doc/dor-tax-tips-for-seniors-and-retirees/download](http://www.mass.gov/doc/dor-tax-tips-for-seniors-and-retirees/download).

- For IRS Publication 502, Medical and Dental Expenses, visit [www.irs.gov/pub/irs-pdf/p502.pdf](http://www.irs.gov/pub/irs-pdf/p502.pdf).

It is likely that many residents will qualify for a rent deduction in Massachusetts and for medical deductions when receiving assisted living services. New Horizons recommends that residents discuss all tax matters with their accountant or lawyer to determine appropriate deductions.



Find yourself, your family, and your friends in our posts. Come see what fun we have at [New Horizons at Choate!](#)

New Horizons at Choate | 21 Warren Ave | Woburn, MA 01801 US

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