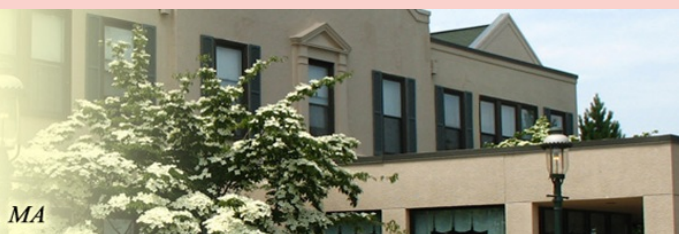




Independent and Assisted Living in Woburn, MA



NEW RESIDENTS



Christina McDermottroe, Suite 453, lived in County Roscommon, Ireland until the 1950s, when she immigrated to America to join two siblings already living here. She settled in Arlington and worked for Polaroid in Kendall Square, Cambridge. Christina's travels have taken her mostly around New England to Maine, New Hampshire, and Cape Cod, with the exception of annual trips to Ireland. A gifted gardener, she has been known to plant a flower garden with allium gladiators, daffodils, tulips, geraniums, and more.

Gail and Bill Surette, Suite 426, join us from their home of 61 years on Central Street in Woburn. Gail was born and raised in Everett, and Bill hails from East Boston. Fate led them to each other while Bill was visiting his sister in Gail's neighborhood, and in their own words, they "have been inseparable ever since." Over the years, Gail worked for New England Telephone and Raytheon, and Bill made his career as a quality manager at two different manufacturing companies.

This devoted couple, who comment, "we still like each other," will celebrate their 70th wedding anniversary in October. They are proud parents to four daughters, who've given them seven grandchildren and nine great-grandchildren. Gail and Bill have also enjoyed nearly a dozen cruises, trips to Las Vegas, and the past 24 winters in their Florida home.



RESIDENT PHOTO ALBUM



There were smiles all around when family from New Jersey paid a visit to resident **Barbara Canavan**. Pictured (above, from left) are great-grandson **Andrew**, granddaughter **Emma**, **Barbara**, grandson-in-law **Mike**, and great-grandson **Dillon**.

Another intergenerational visit inspired great joy for resident **Zar Capua**. Pictured (below, from left) are grandson-in-law **Jake** and granddaughter **Erica** with great-grandchildren **Lena**, **Celia**, **Elani**, and **Joe**, grandson **Jay**, great-grandson **Vince**, and **Zar**.



STAFF HIGHLIGHTS

This month, we are delighted to highlight our wonderful wellness team, led by **Nancy Souza**, RN (pictured, far right). With the assistance of nurses **Jack McDonough** (center) and **Tricia Umstead** (left), Nancy and the entire team bring care and compassion to the residents we serve.



Our dedicated team of certified nursing assistants includes **Deb Adamo**, **Cheryl Joseph**, **Mary Nabukenya**, **Keri O'Keefe**, **Judy Pollins**, **Maureen Reddy**, **Charlene Reece**, **Solidet Sampson**, **Shelbey Santiago**, **Mary Traer**, and (pictured, from left) **Bhwanna Thapa**, **Ruth Jeune**, and **Carmen Melendez**.

NEW YEAR, NEW INFORMATION

The start of a new year is an opportune time to review and update the emergency instructions and legal documents you have on file at New Horizons. We encourage all residents to confirm that these directives contain the most current information. If you require assistance, please contact a director.

Resident Information Sheet: This form is used by emergency personnel in the event that a resident is transported to the emergency room. It includes emergency contact information, doctor's name, hospital of choice, and more. Although these sheets are maintained strictly as a courtesy, we encourage residents to notify New Horizons of any changes as they occur. To protect residents' privacy, the Resident Information Sheet does not contain any identifying medical insurance or Medicare membership information.

Health Care Proxy: Is your agent still actively involved in your wellness? Is your alternate healthcare proxy still an appropriate backup? Does New Horizons have the name, email, and phone number of your agent so they may be reached in an emergency?

Power of Attorney: Is your choice still able to serve as power of attorney?



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New Horizons at Choate | 21 Warren Ave | Woburn, MA 01801 US

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