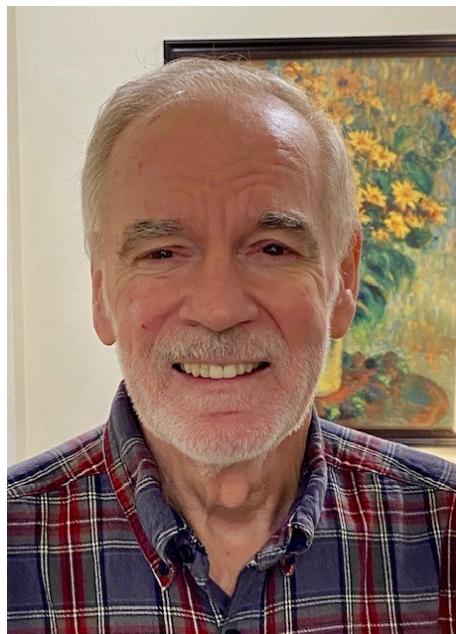




Independent and Assisted Living in Woburn, MA



New Residents



Joe Joyce, Suite 221, is a lifelong Woburnite who attended Saint Charles School, Kennedy Junior High, and Woburn High School. As a high school junior, he began working at Bachman Foods and, over the following nine years, became a supervisor. He then enjoyed a 39-year career as a delivery driver for Entenmann's Bakery. Joe is a father of two daughters and an avid sports fan, especially of the Bruins. In his younger years, he played football, hockey, basketball, and golf, and was on a men's softball team for 20 years.

Vinny Palumbo, Suite 432, raised two daughters and three sons in Kingston, NH. A Winchester High School graduate, Vinny also received a degree from Columbia University. He worked for Raytheon in missile systems and for a small electronics company before embarking on a career as a mortgage broker. Vinny also served two years as Majority Leader in the New Hampshire House of Representatives. Back in the day, he excelled at football and lacrosse. These days, Vinny stays active enjoying his daily walking routine.



Charlie Pastorello, Suite 226, is a Wakefield High School graduate and a U.S. Navy veteran. Although he was stationed mostly stateside, he also served in Saudi Arabia. Charlie has enjoyed an interesting career path. As a



hairdresser, he owned his own salon for 12 years. He then spent nine years as a store manager at Friendly's, followed by a 20-year stint with Dunkin' Donuts' corporate HR department. Charlie is the proud father of six children and grandfather of 11 grandchildren. In the past, he enjoyed playing piano and is eying our Steinway in the living room, which may inspire him to tickle the ivories once again.

Resident Photo Album

Residents & Staff Deck the Halls

It was a warm and bright holiday season at New Horizons. Thank you to **Barbra Graham**, our very own "design expert," for decorating so beautifully.



A very nice result by **Toula Wouralis**, who decorated not one, but two Christmas trees. She made the trees in the Courtyard area and Baldwin living room look festive and bright.



And a warm thank you to our always helpful resident **Ann Lehan**, who brought her own special touch while decorating the tree in our third floor living room.

A Toast to the Talented Among Us

Staff member and artist extraordinaire **Katie Graham** encouraged residents to try their hand at creating art a few months ago. They exceeded their own expectations, producing some lovely pieces. At a recent event in our living room, dozens of these works of art were displayed for all to admire. This well-attended gathering found many toasting the success of their fellow residents with a peppermint martini created by executive chef **Angel Malkemes**.



Picture above seated (l to r): **Joy Draper, Terry Ciarcia, Maureen Copithorne, Fran Tringali**; and standing (l to r): **Jean Roderick, Leon Bernstein, Carole Mills, David Mooney, Kathy Heller, Eunice Wilson, Ellen Rowe, and Katie Graham**

Other aspiring artists not pictured are: **Lucile Cashin, Betty Hardy, Pat Gay, Gerry Murphy, and Eileen Shireman**.

Annual Holiday Traditions

This year, residents enjoyed a few annual holiday traditions at New Horizons, including Christmas Carols with pianist **Mark Tavenner**; a visit from **Cub Scouts Pack 502**, who entertain us with carols; the **door decorating contest**; a performance by the **Sounds of Grace Choir**; a Christmas show with vocalist **Mary Beth Maes**; and the ever popular **Door-to-Door caroling** by

our talented and enthusiastic staff. We also ventured out after dinner for our **Christmas Lights Ride** to view the holiday decorations in local neighborhoods and downtown areas.

In addition, many residents attended our **Celebration of Lights** during Hanukkah this year.



Each evening included readings, music, and conversation skillfully led by resident **Len Karoll** (standing) along with fellow resident **Leon Bernstein** (left).



Residents Enjoying Time with Visiting Guests



Betty Hardy (pictured above) is seen enjoying a visit from her son in-law, **Paul**, and her adorable grandchildren, **Ned** and **Ellie**.



Pat Lavelle, who hails from Ireland, welcomed a few of his relatives visiting from Acton. Pictured (above, l to r) are Pat, his great-nieces, **Delia**, **Aine**, and **Caitriona**, along with niece **Brigid** and nephew **Brian**.



We captured **Nancy Malatesta** with her family as they headed out to lunch. Pictured (above, l to r) are niece **Jessica**, Nancy, sister in-law **Nancy Dallas**, brother **Dean**, and **Frank**, who took a moment to pose in front of our Christmas tree.

Dates to Remember

New Year's Eve - Dublin, Ireland time zone:

New Year's Eve Party on Wednesday, December 31 at 7:00 PM in the living room with music by Greg Peters and a champagne toast.

Martin Luther King, Jr. Day

Monday, January 19 - The third Monday in January commemorates the birth of Martin Luther King, Jr., who led the fight for civil rights through nonviolent activism, protesting racial discrimination in federal and state law. King was awarded the Nobel Peace Prize in 1964 at the age of 35, making him the youngest person to receive the honor at that time. The national holiday became law in 1983 and is observed in all 50 states, often in conjunction with a statewide Civil Rights Day.



Thank you! The generosity and goodwill shown through your gifts to the Staff Appreciation Fund brought holiday cheer to New Horizons employees and their families. We extend our heartfelt gratitude to you all, and wish residents and their loved ones much happiness now and in the year to come.

IN MEMORIUM: We remember resident **Ingrid Blackburn**, a mother of two devoted children, who passed away at the age of 95 years. We also remember **Marilyn Crampton**, a former staff member and resident who brought cheer to so many. Our condolences to the family and friends of both **Ingrid and Marilyn**.



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