| Breakfast | Lunch | Dinner |
| :---: | :---: | :---: |
| Buttered French Toast with fruit garnish | Grilled Ham \& Cheese Sand. or American Chop Suey | Baked Chicken with Rice Pilaf or Vegetable Ravioli w/ |
| Sliced Bacon | French Onion Soup | Meatballs |
| Maple Syrup | Tropical Fruit Salad | Green Leaf Salad |
| Breakfast Breads |  | Green Peas, Wax Beans |
| Hot Cream of Wheat | Homemade Walnut Brownies | New York Style Cheese Cake |
| Assorted Cold Cereals | Assorted Desserts | Assorted Desserts |
| Juice and Fruit | Assorted Beverages | Assorted Beverages |
| Assorted Beverages |  |  |
| Tuesday |  |  |
| Breakfast | Lunch | Dinner |
| Fresh Broccoli Quiche | Fruit Salad with Cottage Cheese | Broiled Lamb Chop |
| Sausage Patties | or Tuna Salad Plate | or Catch of the Day |
| Home made Coffee Cake | Tomato Rice Soup | Spinach Salad |
| Breakfast Breads | Potato Salad | Baked Potato |
|  |  | Butternut Squash, Broccoli |
| Hot Oatmeal | Baked Coconut Custard | Banana Pecan Pie |
| Assorted cold Cereals | Assorted Desserts | Assorted Desserts |
| Juice and Fruit | Assorted Beverages | Assorted Beverages |
| Assorted Beverages |  |  |

## Wednesday

## Breakfast

Baked Cheese Omelet
Hash Brown Potatoes
Canadian Bacon
Breakfast Breads

Hot Maypo Cereal
Assorted Cold Cereals
Juice and Fruit
Assorted Beverages

## Lunch

Tuna Casserole or Chicken Salad Plate
Home Fries
Vegetable Beef Soup
Molded Fruit Salad
Mint Chocolate Cookies
Assorted Desserts
Assorted Beverages

## Dinner

Yankee Pot Roast or Broiled Seafood Plate
Spinach Salad
Mashed Potatoes
Boiled Turnip, Green Beans

## Carrot Spice Cake

Assorted Desserts
Assorted Beverages

## Thursday

## Breakfast

Eggs Benedict with Home Fries Canadian Bacon
Warm Croissants
Breakfast Breads

Hot Cream of Wheat
Assorted Cold Cereals
Juice and Fruit
Assorted Beverages

## Lunch

Broiled Salmon Club Sandwich or Corned Beef Sandwich
Chicken Rice Soup
Ambrosia Salad

Bread Pudding w/Lemon Sauce
Assorted Desserts
Assorted Beverages

## Dinner

Baked Virginia Ham or Chicken Tettrazini European Salad Duchess Potatoes Vegetable Blend, Beets Fudge Layer Cake Assorted Desserts Assorted Beverages

| Breakfast | Lunch | Dinner |
| :--- | :--- | :--- |
| Blueberry Pancakes | Corn Chowder and | Seafood Newburg in Puff Pastry |
| with maple syrup | Grilled Hamburger | or Roasted Chicken Quarter |
| Sliced Bacon | or Shrimp Salad Roll | Mesclun Salad |
| Breakfast Breads | Waldorf Salad | Sliced Carrots |
|  | Blonde Brownies | Delmonico Potatoes, Spinach |
| Hot Oatmeal with Raisins | Assorted Desserts | Cherry Pie a la mode |
| Assorted Cold Cereals | Assorted Beverages | Assorted Desserts |
| Juice and Fruit |  | Assorted Beverages |

## Saturday

## Breakfast

Scrambled Eggs
Grilled Ham
Cheese Grits
Assorted Donuts
Breakfast Breads
Hot Maypo
Assorted Cold Cereals
Juice and Fruit
Assorted Beverages

## Lunch

Grilled Chicken Sandwich or Franks and Baked Beans with Brown Bread
Split Pea Soup with Ham
Mixed Fruit Salad
Blueberry Streusel
Assorted Desserts
Assorted Beverages

## Dinner

Slow Roasted Sliced Sirloin
or Pork Tenderloin
Caesar Salad
Baked Sweet Potato
Green Beans, Mixed Vegetables
Black Forest Cake
Assorted Desserts
Assorted Beverages

## Sunday

Breakfast<br>Omelets to Order Breakfast Sausage<br>Assorted Danish Pastry<br>Breakfast Breads<br>Hot Cream of Wheat<br>Assorted Cold Cereals<br>Juice and Fruit<br>Assorted Beverages

Dinner
Broiled Salmon Filet
or Roast Fresh Turkey
Salad, Fresh Asparagus
Corn, Rice Pilaf
Sage Stuffing \& Cranberry
Angel-food Cake w/ strawberries
Assorted Desserts
Assorted Beverages

## Supper

Soup Du Jour and Sandwich or Chef's Choice

## Additional notes:

Soup is typically offered with each lunch, and salad with each dinner meal.
Red and white wines are typically offered without additional cost every evening and during Sunday dinner.
Typical of the supplemental menu items considered "always available" at any meal are chicken breast, or pasta with red sauce and a variety of egg omelets; sandwiches, such as sliced turkey, egg salad, peanut butter, and tuna fish; chicken soup; fresh fruit cup; a variety of ice creams; hot chocolate; and homemade cookies.

Assorted beverages typically include: coffee, tea, iced tea, assorted juices, milk, and water.
Assorted desserts typically include a changing selection of fine ice cream, sherbet, frozen yogurt, fresh fruit, and jello.

