

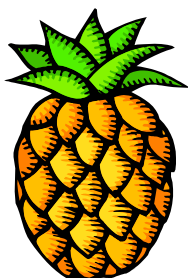


Independent and Assisted Living in Woburn, MA



Monthly Update

April 2019



**NEW RESIDENTS:** **Lillian Braudis, Suite 344**, the mother of three children, joins us from her condo in Arlington. In addition to being a homemaker, Lillian worked as an administrative assistant at Harvard Business School for nearly 30 years. She and her husband

traveled extensively across the United States and Europe, with Ireland being a favorite destination.

**Sis Phinney, Suite 420**, has been a resident of Woburn for the past 85 years. The mother of five daughters, Sis worked locally at Buel Machine Company, the former Choate Hospital, and C. Foster Law firm. She is an avid reader of newspapers, especially *The Boston Globe* and *Woburn Daily Times Chronicle*. Sis has traveled extensively over the years with her family, friends, and the 17<sup>th</sup> Airborne WWII veterans.

We extend a warm welcome to Lillian and Sis to their new home.

**NEW STAFF:** Welcome **Jen Shah** to the dining room crew.

**100<sup>TH</sup> BIRTHDAY!** **Yolanda Golini**, the second resident this year joining New Horizons' Centenarian Club, had her birthday celebration in March. With family, friends, and fellow residents, as well as live music, gifts, and a magnificent birthday cake, the party was a memorable and fitting salute to the milestone anniversary.

*Pictured:* **Yolanda** (right) with her niece, Marilyn.



**PASSOVER**, or *Pesach*, commemorates the Israelite exodus from Egypt after their liberation from slavery more than 3,000 years ago. This year, it begins at sundown on **Friday, April 19**, and continues through sunset on **Saturday, April 27**. A special meal, called a *seder*, is held on the first and second nights, with participants recounting the story of the Exodus while eating symbolic foods and drinking wine. To celebrate the holiday, the dining rooms will feature traditional items, such as delicious matzah ball soup, alongside our regular fare. Happy Passover!



#### **EASTER DINNER:**

Please join us for our special home-cooked **Easter Dinner on April 21**. The menu will feature baked ham, lamb, hot cross buns, and a delicious dessert. Guest tickets cost \$20 per person, and \$10 for children under eight. To help us plan accordingly for guests, please make reservations with the Dining Room staff, or let us know if you will be enjoying Easter elsewhere. In order for our food service staff to spend a portion of the Easter holiday with their families, the evening meal on April 21 will be Gourmet-to-Go, containing extra-special goodies. We wish everyone a joyous Easter!



**THE ROARIN' TWENTIES:** At the annual Dress for Dinner event our residents shared a nostalgic evening with this year's "Roarin' Twenties" theme. We hear from the residents that this might well have been the very best Dress for Dinner party in the event's 17-year history. Our community was transformed into a speakeasy with live period music by pianist Mark Tavenner, a "cigarette girl," and upscale cuisine. Residents were treated to Mary Pickford & Bee's Knees cocktails, along with a delicious meal of scallops wrapped in bacon, herb stuffed mushrooms, Oyster Rockefeller, Steak Diane, chicken gruyere with mushrooms, roasted vegetables, and lemon tea cake.



**DINING ROOM:** The spring/summer home-cooked meal cycle begins **April 1**. The new menu features many seasonal favorites, such as lobster, as well as some new and exciting chef's choices. Please join us for the semiannual Food Service Meeting on **Tuesday, March 26**, at **9:30 AM** in Rumford Dining Room.

**INSURANCE:** Residents who joined our community after April 2010 are required to carry renters insurance, as outlined in their Residence Agreements. Other residents may wish to purchase this insurance to protect against losses from fire, flood, sprinkler discharge, theft, or personal liability in the event someone is injured inside a resident's apartment. Most insurance agencies sell renters insurance, which is typically modest in price.



### Mark Your Calendar!

<b>March 21</b>	1:15 PM	Casino Day - <i>TL</i>
<b>March 26</b>	9:30 AM	Food Service Meeting - <i>RDR</i>
<b>April 9</b>	2:00 PM	Opening Day at Fenway Park
<b>April 14</b>		<b>Palm Sunday</b>
<b>April 15</b>		<b>Patriots' Day</b>
<b>April 20</b>		<b>Passover Begins</b>
<b>April 21</b>		<b>Easter</b>
<b>April 22</b>		<b>Earth Day</b>
<b>April 28</b>		<b>Orthodox Easter</b>

**EARTH DAY:** On **April 22**, the world celebrates **Earth Day**. It serves as a reminder that the planet and its resources provide us with life and sustenance, and raises awareness of our collective responsibility to achieve balance among the economic, social, and environmental needs of present and future generations. At New Horizons, we strive to be eco-friendly *every day*. Residents can help in this effort by closing exterior windows during hot and cold weather, turning off lights when going out, reporting running toilets, and recycling paper products. Thank you!