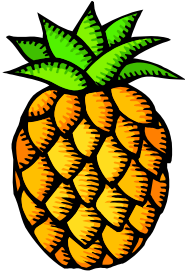




Independent and Assisted Living in Woburn, MA

Monthly Update

April 2017



**NEW RESIDENTS:** **Dottie Craft, Suite 373**, is a lifelong Woburnite who was born at the former Choate Hospital, where she and her family have strong ties. Her mother, aunt, and uncle all worked at "the Choate," and Dottie was a hospital volunteer. Dottie was married for 60 years to Roy, the owner of Brodie, Inc. They raised four sons in the Houghton Street area of Woburn. We extend a warm welcome to Dottie in her new home.

**NEW STAFF:** Welcome **Silvia Padilla** to our housekeeping staff and **Angelee Cintron** to our kitchen team.



**BINGO** remains one of the most popular activities at New Horizons. Pictured (left to right): Residents **Isabel Bloch**, **Lois Lineal**, **Marianne Minghella**, **Ruth Tully**, **Fran Strange**, and **Kathleen Sundberg** are all hoping to win.

**PASSOVER**, or *Pesach*, commemorates the Israelite exodus from Egypt after their liberation from slavery more than 3,000 years ago. This year, it begins at sundown on **Monday, April 10**, and continues through sunset on **Tuesday, April 18**. Though the holiday lasts for eight days, a special meal, called a *seder*, is held only on the first and second nights. During the *seder*, participants recount the story of the Exodus while eating symbolic foods and drinking wine. During the holiday, the dining rooms will feature traditional items, such as delicious matzah ball soup, alongside our regular fare. Happy Passover!



#### EASTER DINNER

Please join us for our special home-cooked **Easter Dinner on April 16**. Guest tickets cost \$20 for adults and \$10 for children eight years old or younger. The menu will feature baked ham, lamb, hot cross buns, and a delicious dessert. To help us plan appropriately for guests, please make reservations with the Dining Room staff, or let us know if you will be enjoying Easter elsewhere. So our food service staff can spend a portion of the Easter holiday with their families, the evening meal on April 16 will be Gourmet-to-Go, containing extra-special goodies. We wish everyone a joyous Easter!

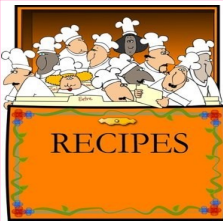


Have you seen the New Horizons at Choate movie stars? Check out our new video, featuring many of our residents at <https://youtu.be/ucmLL6bTDrg>, and share it with your friends.





**EVENTS SCRAPBOOK:** Residents enjoyed a fun-filled afternoon with students representing the Junior St. Vincent de Paul Society from St. Charles Church in Woburn. Pictured *left*: Two boys play cards with **Fred Capua**; *right*: residents **Cam Rice**, **Maggie Horgan**, **Helen King**, and their young visitors.



**DINING ROOM** The spring/summer home-cooked menu cycle begins **April 1**. The new menu features many seasonal items that do not appear on the fall/winter menu, including various lobster dishes and exciting chef's choices. Please join us for the semiannual food service meeting on **Tuesday, March 28, at 9:30 AM**, in Rumford Dining Room.

**INSURANCE** Residents who joined our community after April 2010 are required to carry renters insurance according to their Residence Agreements. Other residents may wish to purchase renters insurance to protect against losses from fire, flood, sprinkler discharge, theft, or personal liability in the event someone is injured inside a resident's apartment. Most insurance agencies sell renters insurance, which is typically modest in price.



**EARTH DAY** We will observe **International Mother Earth Day** on **April 22**. Earth Day reminds us that the Earth and its ecosystems provide us with life and sustenance. It also recognizes a collective responsibility to achieve balance among the economic, social, and environmental needs of present and future generations. Earth Day provides an opportunity to raise public awareness worldwide. New Horizons strives to be ecofriendly. Residents can help in this effort to "go green" by remembering to close exterior windows during hot and cold weather, turn off lights when going out, report running toilets, and recycle paper products.



### Mark Your Calendar!

<b>March 28</b>	9:30 AM	Food Service Meeting	<i>Rumford Dining Room</i>
<b>April 1</b>		April Fools' Day!	
<b>April 3</b>	2:00 PM	Red Sox Opening Day at Fenway	<i>Terrace Lounge Theatre</i>
<b>April 9</b>		<b>Palm Sunday</b>	
<b>April 10</b>		<b>Passover</b>	
<b>April 16</b>		<b>Easter Sunday</b>	
<b>April 17</b>		<b>Patriots' Day</b>	
<b>April 22</b>		<b>Earth Day</b>	