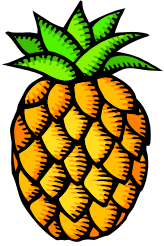




Independent and Assisted Living in Woburn, MA

Monthly Update

March 2017

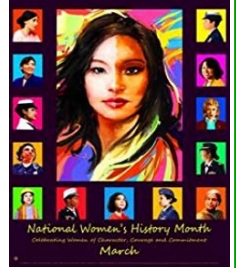


NEW RESIDENT: Anthony Stefanelli, Suite 239 joins us from his home on Tremont Street in Woburn. Originally from Gaeta, Italy, Anthony moved to America and later married a woman from his hometown. They settled first in Somerville and then raised their daughter, Karen, in Arlington. Anthony worked as a commercial painter at Bentley College for more than 20 years. He is an amazing and avid gardener with two green thumbs! His greatest joy, however, is spending time with his family. We extend a warm welcome to Anthony in his new home.

NEW STAFF: Welcome Tricia Dahill, daughter of residents Eileen and Charlie Dahill, to our activities department; and Janet McGondel to the front desk, where she will work overnight shifts.

WOMEN'S HISTORY MONTH

This year marks the 37th anniversary of the Women's History Movement and the National Women's History Project. Women's History Month 2017 honors women who have successfully challenged the role of women in business and the paid labor force. Facing stark inequalities, they fought to make the workplace a less hostile environment for women. They succeeded in expanding women's participation in commerce and the paid labor force. They defied the social standards of their times by demonstrating women's ability to create organizations and establish their own businesses that paved the way for better working conditions and wages for themselves and others.



DRESS FOR DINNER: Residents enjoyed a glamorous evening at our annual fancy dress dinner with a theme of "Old Hollywood" this year. New Horizons was beautifully decorated with movie memorabilia, images of Clark Gable, Audrey Hepburn, and other Hollywood stars, and more. With live music by pianist

Mark Tavenner, residents were treated to an award-winning meal, featuring scallops wrapped in bacon, grilled citrus shrimp, filet mignon, lobster tail, and phyllo-wrapped halibut, culminating with a strawberry extravaganza. *Pictured top:* New Horizons staff made the evening very special; *bottom, left to right:* residents

Pinky Samoiloff, Regina Michalak, Carolyn Sullivan, Sue Porter and Pat DeVasto, Gerry DiChiara and Joan Woodford dressed to the nines for the night.



Please "like" our Facebook page: www.facebook.com/NewHorizonsChoate to see more pictures.



SPRING AHEAD: On Saturday, **March 11**, set your clocks ahead one hour before going to bed. Eastern Daylight Saving Time begins at 2:00 AM on **Sunday, March 12** – a sure sign that spring must be around the corner!

EVENT SCRAPBOOK: Top: The Art Matters presentation, “Norman Rockwell,” led by **Regina Sullivan** was thoroughly enjoyed by residents (*left to right*) **Myrt Peary, Helen King, Isabel Bloch, and Eleanor Boormeester**. Bottom: **Regina Sullivan** and **Mary McFayden** pose in front of works of one of the most beloved American artists, Norman Rockwell.



CASINO DAY: It's time to get out your lucky charms for our annual **Casino Day** on **Thursday, March 30**, at **1:15 PM**. There will be a roulette table, a wheel game, and several Black Jack tables. A group of volunteers and New Horizons' employees will be the dealers. All residents will receive free “funny money” that day. Following the gambling, residents can use their “winnings” to bid for prizes in an auction. Be sure to mark your calendars for this extraordinary event!

TAX INFORMATION: Massachusetts allows a deduction on personal income taxes for individuals and couples who pay rent. Although New Horizons does not calculate monthly service fees in terms of proportionate costs for rent and services, a recent study of comparable area rental apartments indicates that a studio might rent for \$900 per month, a one-bedroom for \$1,200 per month, and a two-bedroom for \$1,600 per month. These estimated figures are for rent only. New Horizons' monthly service fee includes all utilities, three meals daily, housekeeping, linen service, activities and events, and multi-disciplinary team services. A maximum \$3,000 annual rent deduction is allowed for either an individual or a married couple filing jointly (\$1,500 if married and filing separately). Residents should discuss all tax matters with a professional before determining deductions.



For Massachusetts tax tips, visit: www.mass.gov/dor/docs/dor/taxtips/seniors-retirees.pdf

For IRS Publication 502, Medical and Dental Expenses, visit: www.irs.gov/pub/irs-pdf/

MARK YOUR CALENDAR!

March 12

Daylight Saving Time begins

March 17

♣ **St. Patrick's Day** ♣

March 20

Spring is here!

March 30

Casino Day in *Terrace Lounge* at 1:15 PM

April 9

Palm Sunday

April 16

Easter