

New Horizons AT CHOATE

Independent and Assisted Living in Woburn, MA

Monthly Update

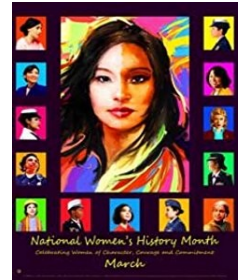
March 2018



NEW STAFF: Please welcome **Meghan Longo, Annette Palermo, and Nick Puleo** to our food service department, and **Rona McLaughlin** to the housekeeping team.

WOMEN'S HISTORY MONTH:

This year's theme is "Nevertheless, She Persisted," honoring women who have shaped America's history through their commitment to ending gender discrimination. For those interested in this topic, we suggest the following books:



- ◆ "The Autobiography of Eleanor Roosevelt," by Eleanor Roosevelt
- ◆ "Lucy Stone: An Unapologetic Life," by Sally McMillen
- ◆ "The Women's Room," by Marilyn French



EVENT SCRAPBOOK: *Top left:* Students from St. Charles School visit with New Horizons residents **Norma Pecora, Maureen Noble, Agnes Carson** and staff member **Christine Coakley**, all St. Charles Alumnae. *Middle left:* **Margaret Franklin, Phyllis Martin**, presenter **Elayne Neal**, and **Roseann Concannon** at the photography program "The Many Facets and Faces of Flowers." *Bottom left:* Chef **Denny Neov** and Dining Room Supervisor **Jenna Messina** prepare the omelet station. *Bottom right:* The Art Matters presentation, "The Great American West," led by **Jane Blaire**, was thoroughly enjoyed by residents.



Please "like" our Facebook page: www.facebook.com/NewHorizonsChoate to see more pictures.



DAYLIGHT SAVING begins at 2:00 AM on **Sunday, March 11** – a sure sign that spring is around the corner! On **Saturday, March 10**, set your clocks ahead one hour before bed.



SUPER BOWL SUPER FANS: Patriots fans gathered in the West Wing Library to watch Super Bowl 2018. Pictured are (left to right) **Eleanor Boermeester, Pauline Giannelli, and Barbara McElhinney.**



CASINO DAY: Bring your good luck charms to our annual **Casino Day** on **Friday, March 30, at 1:15 PM.** It will feature a roulette table, a wheel game, and several blackjack tables. A group of volunteers and New Horizons' employees will serve as dealers. All will receive free "funny money" that day, and residents can use their "winnings" to bid for prizes in an auction. Be sure to mark your calendars for this exciting event!

TAX INFORMATION: Massachusetts allows a deduction on personal income taxes for individuals and couples who pay rent. Although New Horizons does not calculate monthly service fees in terms of proportionate costs for rent and services, a recent study of comparable area rental apartments indicates that a studio might rent for \$900 per month, a one-bedroom for \$1,200 per month, and a two-bedroom for \$1,600 per month. These estimated figures are for rent only. New Horizons' monthly service fee includes all utilities, three meals daily, housekeeping, linen service, activities and events, and multi-disciplinary team services. A maximum \$3,000 annual rent deduction is allowed for either an individual or a married couple filing jointly (\$1,500 if married and filing separately). Residents should discuss all tax matters with a professional before determining deductions.



For Massachusetts tax tips, visit: www.mass.gov/dor/docs/dor/taxtips/seniors-retirees.pdf
For IRS Publication 502, Medical and Dental Expenses, visit: www.irs.gov/pub/irs-pdf/

MARK YOUR CALENDAR!

February 28
March 11
March 17
March 20
March 25
March 30
April 1

Dress For Dinner: *A Night in Old Havana*
 Daylight Saving Time begins
 ♣ **St. Patrick's Day** ♣
 First Day of Spring
Palm Sunday
 Casino Day in *Terrace Lounge* at 1:15 PM
Easter